FOR GATHERED MASTERS ONLY

This script was created to help you as a gathered Master facilitate a Gathering. The contents here in are what I do as a servant when holding a Gathering. The times are approximate to help you see the way a Gathering flows. It is not so important that you keep to the schedule, as it is that you give the information enclosed in this script. Some of the information that was given in earlier Gatherings has been left out and new information has replaced it. This is because older information is contained in one of the books "Blessings Gifts and Deeds" or "On the Wings of Heaven".

This material is not intended to be shared with those that have not been gathered. It is intended for the Masters that have been gathered wishing to host their own Gathering.

I wish to remind all of you the exact nature of what happens at a Gathering is the best kept secret we can share with those that are at a Gathering. This allows each new master being gathered to show up in the moment, authentically and unrehearsed in their giftedness. Let us not spoil this sacred experience for any one by giving this information out in a setting other than a Gathering.

If you do not remember the material covered in some of the teachings you may want to purchase it in CD form from The Children of Light.

Bless Your Heart!

Page of Content

1. Servant Grounding	Page 3
2. Gathering Supply List	Page 6
3. Music Recommendations List	Page 8
4. Overview of Schedule	Page 10
5. Gathering Script Friday (14 items to cover)	Page 12
6. Gathering Script for Saturday (9 items to cover)	Page 24
7. Gathering Script for Sunday (5 items to cover)	Page 32
8. Written Centering Process	Page 41
9 Apology	Page 43

MASTERS' WEEKEND GATHERING Servant's Grounding Prior to Weekend

Managing Expectations – yours and theirs:

You are a Master and have been through your own gathering. It's important for you to understand that <u>your</u> gathering was <u>your</u> gathering. You experienced what you experienced, and it was unique to you.

Each of the seven Masters who have come for this new gathering is anticipating different things from the weekend. They are expecting everything from wanting to see an angel to just feeling good.

Know that their experience this weekend will be theirs alone, and they will create it together. It is not your mission to supply them with what they're expecting, nor do they need to have the same experiences you had in order for their gathering to be a success.

This gathering may look quite different than yours. Take care not to make judgments about it. Know that it will be perfect for this particular group of Masters.

Your "job" as Servant:

Your mission as Servant this weekend is to ensure a safe space for discovery and growth, to set a context of authenticity and sensitivity, and to create an opening for the Masters to have the experience they're coming to have.

This requires two extremely important things from you:

 Careful preparation, planning, and execution on your part actually allows for free flowing, creative, spontaneous, and miraculous experiences to emerge for the Masters. Be prepared yourself. Handle all the details in advance. Leave nothing to chance. Do

- whatever is necessary to have the weekend be "in excellence".
- 2. Trust yourself. Although your role this weekend is that of servant, you, too, are a Master. As such, you have everything you need to serve these new Masters. Surrender to your natural knowing. Trust your heart and your gut. And listen carefully. The Masters will tell you everything you need to know about serving them. And remember you are never alone. You have been chosen to serve these particular Masters, and you are perfect for the job. Just relax, trust your judgment, draw from deep within yourself, and go with the flow. "Be" the weekend.

Scheduling:

You have been given a schedule for the **weekend**. It is only a guide. The times suggested are merely to provide you with a gauge to track your progress through the exercises and processes. Be flexible. You are the Servant, not the boss nor the hall monitor. Listen carefully to the Masters as you move through the weekend. Pay attention to their specific needs. If you see that there is a problem with the schedule you have planned, be prepared to alter it as appropriate. Remember, this **weekend** does <u>not</u> need to look just like yours did. It <u>does</u> need to work for these Masters over the next few days.

Script:

Like the schedule, this script is offered as merely a guide. There are only a few processes for which it is important that you follow the script just as it is written. These processes are noted in the instructions. Otherwise, the script is intended to free you to be "in the moment" with the Masters, rather than having to be overly concerned with what comes next or what you're going to say. The script presents the context and message intended. You may feel free to use your own words and to bring your own style and personality to this mission.

Become very familiar with the script *prior* to the weekend. Make it your own so that whatever words you actually use, you will be able to communicate easily and authentically.

Safety:

There are three things that you are responsible for during the weekend. The first thing is the safety of the Masters. The second thing is their safety. And the third thing is keeping them safe. Pay careful attention to the physical, mental, emotional, and spiritual well being of all, <u>including yourself</u>. In the physical realm, pay particular attention to the need for sleep and plenty of water. Make sure that anyone taking medications follows their doctor's orders.

Teaching:

While this is a teaching weekend, a Master teacher is not necessarily one who has all the answers. Rather, it is one who empowers the students to recognize their own wisdom, to find their own answers, and to gain confidence in themselves. Refrain from too much "telling"; practice the art of listening and confirming instead. Also, be prepared to learn yourself, as you will discover that these Masters you serve have much to teach you, as well.

MASTERS' WEEKEND GATHERING SUPPLY LIST

Seating in the Well of Souls

Colored towel for each Church Optional

- 1. Sardis green
- 2. Laodicea viotel
- 3. Smyrna red
- 4. Thyatira purple
- 5. Philadelphia blue6. Pergamum yellow
- 7. Ephesus orange

Black or White towel for the Servant Optional Colored candles for each Church Optional

- 1. Sardis green

- Laodicea voilet
 Smyrna red
 Thyatira purple
- 5. Philadelphia blue
- 6. Pergamum yellow
- 7. Ephesus orange

Seven candle holders Optional

Matches or lighter Optional

1 Towel for masters to stand on while feet are washed

1 Small Pitcher to mix water and Myrrh oil

Myrrh (3 or 4 drops of oil for 1 cup of water)

Tuning forks tuned for each Church

- Sardis tuned to __A
- 2. Laodicea tuned to B
- 3. Smyrna tuned to ___**G**
- 4. Thyatira tuned to ____F
- 5. Philadelphia tuned to __C
- 6. Pergamum tuned to ___
- 7. Ephesus tuned to **E**

Music

Selections that speak to each Church

(See enclosed list of suggestions)

Selections for the centering process

(CD, Tape or written Centering Process you will do)

Selections for various other uses throughout weekend?

(Music you think would be appropriate for week end)?

Music system

CD Player or whatever system you use

Speakers

Necessary cords

Electrical extension cords

The invaluable roll of duct tape

Book "Blessings, Gifts and Deeds" or "On the Wings of Heaven"

(Read passages Book of Bricks, Opening of Blessings, Gifts and Deeds)

Gate of Grace materials

Gate of Grace stones are set in to place to form the Gate of Grace

Group Blessing (With CD Optional)

Script (Optional)

Servant's Notes

- Regarding each Master (jot down some things you know about each Master way of being a head of time)
- Regarding each Church (read description in hand out) You may want to become familiar with the CD on the Gifts and Traps to better understand this.

Meals

- Food is obtained a head of time by one of the masters that lives close by.
- Meals should be kept light and nourishing except for Saturday evening which should be a sit down affair. (Masters at the gathering split the cost of the food. Keep food to what they normally eat in everyday life.)

Miscellaneous

First Aid Kit

Flash light/s including batteries

Trash bags for clean up

Trash can

Supplies for drinking water at gathering

Pitchers/ Bottled water Cups/Glasses

Tissues

Watch and/or small table clock

Alarm clock

Umbrella

Your personal belongings (as needed)

Your personal bedding (as needed)

MASTERS' WEEKEND GATHERING MUSIC RECOMMENDATIONS

Music selections that speak to the Churches:

Saı	'dis – Speaking to their "I believe I can fly"		it takes to make things work (Album: Space Jam)
		•	(Album:)
			(Album:)
Lac		ne Love and giving to others	s this person is I (Album: <u>Phantom of the opra</u>)
	•		(Album:)
	"	" by	(Album:)
Sm	"This is the moment		(Album: <u>Jekyll and Hyde</u>)
		•	(Album: (Album:)
Thy	"Silver Wings"	•	(Album: <u>Silver Wings</u>
			(Album:
Phi		d to the knowlage this one o	calls forth in evere one a true tead
	u 	" by	(Album:)
	ű	" hu	(Album:

6. Perg	"Reach"	by Gloria Ectofon	(Album:)
	Reach	by <u>Gloria Estefan</u>	(Album)
	<u> </u>	" by	(Album:)
	u	" by	(Album:)
7. Ephe	SUS - Speaking to the	he joy of life they bring to e	veryone
•	"Happy ever after	" by <u>Julie Fordham</u>	(Album:)
	«	" by	(Album:)
		" by	(Album:)
Music for	Centering P	rocess:	
Music for	Centering P	rocess:	
Music for	Centering P		(Album:)
Music for	" Novis Macifica"	by <u>Constents Demby</u>	(Album:) <u>sin</u> (Album:)
Music for	" Novis Macifica" " Ambiology 1	by <u>Constents Demby</u> by <u>Barry"Oh!" Goldste</u>	
	" Novis Macifica" " Ambiology 1 "Om Namah Shiva"	by <u>Constents Demby</u> by <u>Barry"Oh!" Goldste</u>	ein (Album:)
	"Novis Macifica" "Ambiology 1 "Om Namah Shiva" Sic:	by <u>Constents Demby</u> by <u>Barry"Oh!" Goldste</u>	ein (Album:)
Music for Other Mu	"Novis Macifica" "Ambiology 1 "Om Namah Shiva" Sic:	by <u>Constents Demby</u> by <u>Barry"Oh!" Goldste</u> by	ein (Album:) Album:)

MASTERS' WEEKEND GATHERING Overview of Schedule

Masters arrival Masters arrive at all times make sure to pick them up at the airport if needed. You are responsible for where they will stay. Some may stay with you or another master that lives close. If some want a hotel room be as helpful as possible finding one for them and transportation to and from.

FRIDAY

9:00 AM Breakfast

Masters eat breakfast together Introduction of the Masters by the Servant

Introductory Gathering

Welcome Ground rules

Introduce yourself as Servant

Call each other "Master

Weekend overview The Masters' Songs

"Come back" conversation

Assign buddies Review Churches

Noon Lunch

Masters eat with who they want (no structure)

Clean up

1:00 (1:30) PM Masters' Gathering

Centering Process

Reading "Blessings, Gifts, and Deeds" or "On the Wings of Heaven"

Scanning Process

(break)

Group Blessing Teaching revelations

6:00 PM Dinner (some of the Masters may want to be alone with their thoughts at this

time Let them)

7:30 PM Becoming familiar with the Gate of Grace

You may at this time explain how it works then give them free time exploring

the Gate

10:00 PMBedtime (hope you have better luck than I did. No one wants to go to sleep

but make sure they get their rest)

Overview of Schedule (continued)

SATURDAY

9:00 AM Breakfast

Masters eat breakfast together but not structured let them go

where they will and with who. Clean up.

10:00 AM Masters' Gathering

Centering Process (15-minute)

I Am Oils and those of the seven churches Tuning Process

NOON Lunch Great time to discuss what they have learned.

1:00 Tuning Forks

Balancing the 12 Chakras

Sacred oils and tuning forks used together

3:00 Break

(approx)

3:30 PM Masters' Gathering: This may have to take place on Sunday depending

on how the week ends moves along. Times are not set in stone.

Centering Process (15-minute) Masters wash each other's feet

Washing of the feet Tuning process

Giving and Receiving Pattern (continued)

Breaks as necessary

Dinner (7:30) PM This is to be a gathering all by it's self.

At this time most of the Masters have received if not all. You all are celebrating your greatness and the gifts you are.

Have fun!

<u>Sunday</u>

9:00 Breakfast

10:00 Masters Gathering

Centering process (15 minutes) (continued if needed)

Eight Masters Share Blessing of food and water

Story of the youth seeking to be a Master

11:30 Break

Noon Servants Blessing

1:00 Closing and time to go out in to the world

MASTERS' GATHERING WEEKEND FULL SCRIPT

FRIDAY Before 9:00 AM

Servant's Grounding

After you've handled the details and preparations for this opening breakfast, and before you engage with the seven Masters, take a moment to breathe deeply and center yourself.

Acknowledge yourself as the Master you are. Acknowledge that you don't know exactly how the weekend will look...and that's OK. Know that you are never alone and that you need only trust yourself and the guidance you receive.

Remember, this weekend is not about you. Your job is to see that the seven Masters are nourished and engaged with one another, opening a space of trust.

The context of the entire weekend begins <u>now</u>...with you and your beingness. Be with the question, "What am I here to create?"
When you're ready to begin, invite the Masters to breakfast.

9:00 AM Breakfast

Seven Masters eat breakfast together

See that everyone gets a chance to talk to each other (not to you) and to know one other. Be patient as they get acquainted over their food. Some of them may feel a little fearful or anxious. Let your mere presence and calm help them feel at ease.

Introduction of the Masters

When the Masters have finished eating, introduce them one by one and share a little about each of them. Give each master a chance to tell the others about them selves. Speak only to their greatness, now and throughout the weekend.

When introductions are complete, give the Masters instructions regarding clean up, etc. If appropriate, you may give them a short break at this point. Before they're excused, however, be sure to request that they gather in a pre-determined area to begin their grounding. (If you're giving them a break, tell them what time to be gathered and ready to continue.)

9:45 AM Introductory Grounding

(approx.)

<u>Set Up</u>: Place seven chairs in an arc or if you are sitting in the living room make it to where you can see everyone. Take your place at the front of the arc or wherever you having them sit so that you are able to make eye contact with each.

When the Masters have gathered and taken their seat, welcome them to

their weekend and continue to enhance the context of safety and nourishment and trust.

"Welcome to your Masters' Grounding Weekend. The purpose of this weekend is:

- 1. To complete the initial phase of your spiritual journey,
- 2. To acknowledge yourselves as the Masters you are,
- 3. To acknowledge the other Masters gathered here with you, and
- 4. To move forward in a much more powerful way."

Ground Rules

"In order for us to accomplish this purpose, it's necessary that we all agree on some essential ways of being. I call them ground rules. I'm going to read through the ground rules. If you have any questions or concerns about any of them, please ask as I go along."

- 1) Communicate from your authentic experience.
- Maintain confidentiality. This includes confidentiality about other people's experiences and about the format and events of the weekend.
- 3) Be considerate of other people's need for sleep.
- 4) Don't go anywhere alone.
- 5) Take care of your buddy. (I will be assigning you a buddy later today.) Be sure you know where your buddy is at all times.
- This is a very loving weekend, but there is to be no sexual contact at all this weekend. We're going to be very close to each other. You may certainly feel free to hug or snuggle or comfort each other in whatever way you choose, but refrain from any sexual activity.

- 7) Please be on time for all scheduled activities. If you have specific needs that require you to take additional time or if you need a break, etc., please let me know.
- 8) There is to be no alcohol consumed during the weekend.
- 9) There are to be no drugs used during the weekend.
- 10) Do not bring candy, gum, or other snacks to our group sessions. You may, however, carry breath mints if you'd like.
- 11) If you smoke, please be respectful of others. Do not smoke inside. Pick up and dispose of your butts appropriately.
- 12) Keep the grounds and rooms clean. Whenever you use a space, leave it cleaner than when you found it. This is not only true when you're here, but everywhere you go. As a Master, it is your responsibility to be an example of the work we do.
- 13) Principals of a Master are read to the new Masters gathering. Each master is asked to operate from them through out the weekend. (Discussion if needed.)
- 14) The Keys are read. (Discussion if needed)
- 15) Add other ground rules as necessary:
- 16) If any areas are off limits, describe those.
- 17) If there are any special requests regarding the facility, share those here.

<u>"Everyone who is in agreement with these ground rules, please stand."</u>

(After all are standing) "Thank you. Be seated".

"To accomplish our mission this weekend, it's critical that each of you has what you need to nourish yourself. At this time, I'd like to ask anyone who is taking any medications, either over-the-counter or

prescription, to raise their hand."

If anyone raises their hand, ask them what it's for so you'll know what to be alert to. Ask when the medication is to be taken. Then make eye contact with the person and say:

"My specific instructions for you are to **follow your doctor's orders."** (Say it three times and make sure they hear you and acknowledge their consent.)

Next ask them about dietary needs:

"If anyone needs to eat more often than others or has any specific dietary needs, please raise your hand."

If anyone raises their hand, ask about their needs. Take nothing for granted. Then make eye contact with the person and say:

"My specific instructions for you are to **take care of yourself**; **make requests for your specific needs.**" (Say it three times and make sure they hear you and acknowledge their consent.)

Throughout the weekend, check with people you may have a concern about. You are responsible for each person's physical, emotional, mental, and spiritual well-being. You, too, should follow all the health and well being requests you make of the Masters, for your well-being is also important.

Introduce yourself as Servant; acknowledge them as Masters

"Again, let me welcome you to your Masters' Gathering
Weekend. My name is,
"Although I, too, am a Master, my role this weekend is
that of Servant. I am here to be in service to you. I will
be serving you by teaching. Please do not call me
'Master'. Instead, you may call me (Your name)."

"Each of you comes to this weekend as a Master. In your hearts you know you are Masters, yet it's important that you become comfortable with being called "Master". During the weekend, I'd like you to call each other "Master" when you're addressing one another. For instance, you would say 'Master (first

name) or 'Master <u>first name</u>,', etc."

Weekend Overview

"I'd like to share just a brief overview of the schedule of events during your Masters' Weekend."

"This morning you'll be together getting acquainted with each other and with the Churches that you are. I'll also be assigning you a buddy for the weekend."

"At around noon, we'll break for lunch.

"After lunch, we'll gather here again. I'll teach you the process we use for centering ourselves, we'll read to each other from "Blessings, Gifts, and Deeds", and then I'll show you how to do the scanning process."

"Following that, we'll begin our discovery together about revelations. I know you have many questions."

"At about 6:00 or so, we'll have dinner together. After dinner, you'll have some free time to get accustomed to and familiar with the Gate. There will also be plenty of time to answer more of your questions."

"At 10:00, we'll call it a day and I'll ask that you get plenty of sleep before we begin again on Saturday." "Tomorrow, we'll all share breakfast at 9:00 AM, just as we did today. Following breakfast, we'll begin the day you came here to have. It's all about giving and receiving divine energy and love. You don't need to 'do' anything tomorrow. You simply get to 'be' and surrender to your greatness."

"Your Gathering will be complete at approximately ____ PM on Sunday afternoon. We have until ____ PM to gather our things, make sure our facility is cleaner and neater than we found it, and be on our way back out into the world."

"All along the way, we'll be taking breaks as necessary, so please speak up regarding your needs. We have much to accomplish, but our schedule allows for flexibility and flow."

Bathroom break if needed (tell them when to be back)

The Masters' Songs

"OK, let's begin our journey. This next step is about acknowledging and celebrating who you are and the difference you make. It's about acknowledging yourselves as Masters and learning about the powerful and glorious gifts you each bring to share with each other and with those we serve."

"To begin, I'd like you to close your eyes, put your feet flat on the floor, take a deep breath, and fill yourself up with who you are. Get in touch with the Master in you. Open yourself up to your own greatness. Breathe deeply."

"OK, open your eyes."	
"Let's begin with Master	
Take the first person to the front of the arc Say the following if you picked their songs. picked their songs.	
"I'm going to play a song I pick I'd ask each of you	ed especially for Master to listen carefully to the
words and learn, for this song s greatness of the Church of	speaks to the gifts and and to the
Master who stands before you, I'd like you, esp	And Master ecially, to listen to the
words of this song, for I know t	
not say these things about you	, ,
not yet recognize the many, ma	any gifts you bring to the

world."

Start the music and as it begins, stand before the Master and gently take their hands and place them over their heart. Then step away from the Master so that everyone's attention is on the Master.

When the song is over, turn the music system off calmly so as not to break the mood. Then speak to the Master by sharing with the others how this song applies to the gifts of the one standing. Again, speak only to their greatness and their gifts. Speak from your authentic experience of this Master.

Repeat the same process for each of the seven Masters. When the last of the seven is complete, have them join the other Masters sitting down.

For the next step, go to the front of Masters sitting down where you can make eye contact with each of the Masters.

"Come back" conversation

"As you can see, this weekend is going to be a wonderful journey of discovery and celebration of who you are. There is much, much more to come on this journey. You will go to places you've probably never been before. At some point along the way, you may want to stay where you are. You may want to continue to experience whatever it is you're experiencing. I don't know if that will happen for you, nor do I know when it might happen. But if it does, when I call you back, you must come. This is critically important."

Turn to each Master one at a time and ask them to give you their word that they will come back. Say:

"Master _____, do you understand what I am saying? If so, answer 'yes'."

They must say the word "yes". After they say "yes", then say:

"Do you give me your word that when I call you, you will come back from wherever you are? If so, answer 'yes'."

They must say the word "yes" to this question as well.

After each Master has answered both questions with "yes", you may continue with the weekend.

Assign buddies

Select two pairs of buddies and one set of three buddies. Do not have a buddy yourself because you need to be available to everyone.

"To support you on your journey, I'm going to assign each of you a buddy for the weekend."

"Master	and Master	, you be
buddies.		
Master	_ and Master	, you be buddies.
And Master	, Master	, and Master
	you be buddies."	

"As a buddy, your job is to take care of your buddy or buddies. Always know where your buddy is. This can be a very emotional weekend. Take care of your buddy always."

Review of the Churches

Review each Church with the group so that each Master knows what each Church is all about.

Give each of the Masters write up of the church they are to their buddy to read aloud to the group. Two things happen when you do this. First, the Masters really get to know what their buddy is all about and that brings the two (or three) buddies closer together. Second, the other Masters hear and understand what each of the others masters are about.

When this process is complete, ask the group:

"Does anyone have any questions about the churches?"

If they do, answer them as clearly as you can. <u>DON'T MAKE</u> THINGS UP if you don't know the answers. You can lovingly say, "I don't know, what do you think?" as your response. You will learn very quickly how much the Masters already know. Give them the space to "try their wings" and verbalize their thoughts and intuitions without fear of judgment or ridicule.

12:00 Lunch

(approx.)

Mealtime is an important process for having the Masters come together as a

group. It allows the bonding of the group to take place, so don't rush it. An hour for lunch may look like an hour and a half and that's is just fine. Be flexible.

After the Masters have nourished themselves, make sure they clean up the area.

Give the Masters a bathroom break. Tell them what time and where you'd like them to reconvene.

1:00 (1:30) PM Masters' Gathering

Centering Process

Set Up: While the Masters are taking a short break, prepare the gathering room for the upcoming processes.

Chairs

Music – for centering process

"Blessings, Gifts and Deeds" or "On The Wings of Heaven" with sections marked Etc.

Comments: The centering process is intended to calm and focus the Masters for what is to come during their weekend.

The process will take about a half an hour the first time you do it. The next time they get centered, it only takes about 15 minutes. It is important that the Masters center themselves each time you begin again after a long break and when you start a new day.

Practice the process several times until you become comfortable with it. You can get a tape from Joe if you like. However, it's better if the Masters hear you do the process because they know your voice.

<u>Do the centering process just as it is written.</u> Don't rush it. The thirty-minute centering is a simple technique that was designed for the Western mind and the way we think. The same is true of the 15 minute centering process. It just takes less time once you have taught the Masters how to do it.

A note about music: After you finish the process and the Masters are centered, you may use music to help them remain so. (See the music list provided.) When you're ready to begin talking again, stop the music. This will help bring the Masters back to the everyday world.

When you're grounded yourself and ready to begin, bring the Masters in to the gathering room.

Ask the Masters to take their seats.

2:00 PM "Blessings, Gifts and Deeds" or "On The Wings of Heaven"

(Approx.)

Once the Masters are fully alert again, you can resume teaching. Reading aloud from "Blessings, Gifts, and Deeds" at this point helps them focus back on where their journey began.

Used the opening before each part in the Book of Bricks. It's short, but speaks to the point. Some call it a prayer, but I like to think of it as an understanding between the reader and God.

"At this time, I'd like you to look back and focus on where your journey to this weekend began. To assist you in doing that, I'm going to ask four of you to read to us all from the book 'Blessings, Gifts and Deeds'." or "On The Wings of Heaven"

"Master	, will you please begin with the
section I've marked	?" (Mark just the opening to each book
or Scroll)	

Continue until all readings are complete. Then ask:

"Do any of you have questions about what we've just read or anything you'd like to share with the group at this time?" The Book of Bricks is the foundation for all the work we do as sevens.

Scanning Third eye process, Scanning process, Remote scanning process,

See every one does this with each other.

Comments: The Masters can use scanning in the healing work they will be doing in the future. As with the centering process, practice the scanning process until you're comfortable with it. You can use Joe's CD, but it's better for the Masters to hear your voice. The scanning process has two applications: one for scanning people who are in our presence, the other is for remote scanning of people who are far away.

Do the scanning process just as remembered or use CDs.

Healing with Grace Teach the process to bring grace from the gate in to them and to pass the grace where what ever is out with the person they are scanning.

4:00 PM Break (about 20 minutes)

(approx.)

Tell the Masters when and where to gather again.

Group Blessing and Teaching Revelations

(approx.)

Bring the Masters back into the room. Before they take their seats, begin with a group blessing. This leaves everyone feeling that they have given to each other and have been contributed to, as well.

Group Blessing Have the first person stand in front of the second person in a line and move down to the next after each blessing. The second person will follow the first and so on till every one does the blessing with every one in the line. The words for this are. (May the blessings of God be upon you. May God's peace abide with you. May God's presence illuminate your heart. Now and for ever more)

Ask the Masters to take their seats again. Begin teaching revelations.

"By this time, each of you has read revelations, and you probably have some questions. Together, we'll seek the answers you're looking for."

"Revelations is the opening to the way and reason for the Church each of you is. If you will look, revelations says that the Churches have the authority to do the work they do. This is the reason you are here – not why you're present here this weekend, but rather the reason you are here in the world."

"Each of you is perfect, whole and complete just the way you are. Most of you know the answers to the questions you are asking in one way or another. You simply seek confirmation."

Answer any questions they may have.

Chances are good you won't run out of things to discover together. However, when it gets to be dinnertime, or when you come to a natural break in the flow, give the Masters instructions regarding dinner (where, what to do, etc.).

6:00 PM Dinner

(Approx.)

As dinner begins, suggest that the Masters talk to one another about what

has opened up for them during the day. Your job is to listen to them because they need to be heard. Do not dominate the conversation yourself; instead encourage them to talk. This will help you to see where you need to go to assist them during the rest of the weekend.

7:30 PM Becoming familiar with the Gate of Grace

(Approx.)

After dinner, take the Masters to your Gate of Grace and invite them to spend some time in it. This is the time for you to talk about the angels of each church and how they assist each master. They may want to scan each other or do some remote work. You may answer their questions or help them in what they are doing.

<u>Note:</u> When you are answering questions, don't stand in the gate (yourself) as it may be difficult to speak and keep your mind focused if you do. You may become disorientated and lose track of your thoughts as you try to explain things.

Give the Masters time to play with what they have learned and get used to it. Once you see that they are OK on their own, leave them alone and let them do what they want.

By no later than 10:00 PM, prepare the Masters for bedtime.

"Tomorrow will be a much, much bigger day, and it's very important that you are well rested. It's time for you to get some sleep. As you retire, remember to maintain essential level conversation and take care of your buddy."

Give them specific instructions for Saturday morning.

"We'll begin again tomorrow at 9:00 AM. Gather in the Place or area. For early risers, coffee will be available at AM..., etc. Good night."

To facilitate bedtime, disengage yourself and leave the Masters who may very well wish to continue asking you questions, etc. Gently suggest that their questions will wait until tomorrow and bid them "good night".

10:00 PM Bedtime

SATURDAY

Before 9:00 AM

Servant's Grounding

Have the masters handle details and preparations for breakfast, and before you engage with the seven Masters, take a moment to breathe deeply and center yourself.

Acknowledge yourself as the Master you are. Acknowledge that you don't know exactly how the day will look...and that's OK. Know that you are never alone and that you need only trust yourself and the guidance you receive.

This is the day for which the Masters have gathered. This is the day they will become the well of souls and begin their work together in earnest.

Get clear on your intention for the day. Revisit the question, "What am I here to create?"

Your very beingness will set the context for the day. Be in excellence. Be in peace. Be in service to the mission that is much greater than you are alone.

When you're ready to begin, invite the Masters to breakfast.

9:00 AM Breakfast

Seven Masters eat breakfast together

As they're eating, encourage the Masters to share from their authentic experience. As before, some of them may feel a little fearful or anxious, or they may be a bit hyper with anticipation. Let your mere presence and calm help assure them and keep them grounded and centered.

When you have finished eating, give the Masters instructions for when and where to gather next. Excuse yourself to prepare for the next process.

10:00 I Am oils and those of the seven churches

It is important these new masters understand how each of these oils work. You can use the written information on the oils or use the CD. (Remember if anyone uses more than 3 oils they must use the Michaels oil)

Essential oils them selves have healing qualities however when these oils are made according to Michael's instructions and blessed they become very powerful as a healing tool.

Anointing: The anointing process that was given tends to give the gifts of a church to someone not of that oils church. This process takes seven days, so it is not done at a gathering but the information should be made available. Gate of Grace of oils: The building of the Gate of Grace in the oils of the seven churches on the back of a person should also be demonstrated. Be sure that the I Am oils are covered with their use in the gate one the back and their individual uses in healing.

Oils and Scanning: Placing the oils on the colored dots seen when scanning for healing.

12:00 Lunch

Lunchtime is a great time to discuss what they have learned so far this week end.

You need to keep the masters focused. Ask open-ended question about their experience of them selves in what they are learning. (Meaning questions that can't be answered by (yes or no)

1:00 Tuning Forks

Use of Tuning forks in balancing the 12 chakras and tuning forks with oils on the dots seen in scanning.

Tuning the churches: Even though you will not be tuning the masters to their church until later on now is a good time to teach them how this works.

Teaching the 12-chakra process: You will need to do it first on one of the masters. When you are done, have the person that you did it with do it on the next person. You will need to be the last to have your chakras done so every one gets a chance to do the process.

Teaching the oil to be used. Remember most people don't know how this process works. This is a perfect to do scanning in the gate and use the forks and the oils for healing what may be out with the masters. this is not the time for you to do healing work but rather a time for the masters to work with one another.

3:00 30 Minute Break

While masters are on break you need to set the room.

3:30 Masters' Gathering

Set up: Before the Masters enter the room, place their chairs in the positions for the (Well of Souls). Put a towel the color of a Church on the floor in front of each chair at this time if you are using towels. After you have brought everything into the room to set it up. You will need to clean it. Make sure not to bring anything else in the room after it is cleaned. This is what you need to do it with and how; the I AM oil is diffused or placed on charcoal made for incense or frankincense incense or a sage smug stick. You then face the four points north, south, east and west and say. All that has not been invited here be gone. God's children have work to do and will not be interfered with. Go in peace, go in love, be gone. The room is now

clean.

Place your own chair (in the east), and put a towel in front of your chair as well. You may choose one of two beautiful colors, black or black, for yourself. (Again towel is optional)

Place a candle corresponding in color to that of the churches out of the way of the where you all will be sitting. Place a white candle for you, as well. (Optional)

Light the candles before the Masters arrive. Leave matches or lighter somewhere obvious so they can be found and used to relight the candles later. (Optional)

Set up items for feet washing. Prepare small pitcher of water and Myrrh with a towel on the floor where the masters will be entering the room.

Set out tuning forks so that you can guickly identify the Church they're associated with. (if not color coded)

Centering process (15-minute version out side the room)

"This is the day you will become the well of souls out of
which the tree of life will spring. This is the day when
your spiritual DNA, so to speak, will be turned on and
you'll get what you came here for."

" (l	nsert 15 minute centering process script
in its entirety	or CD)
Musicu"	" (antional)
Music: "	" (optional)

Washing of Feet Process

"We will now begin a very special process of giving and receiving. As your Servant, I will be taking each of you into our gathering place one at a time. Please remove your shoes and socks and wait in silence for

me to come for you. Maintain your center and focus. Be one with your journey."

Take the first Master to the doorway of the gathering place and having them stand on the towel you placed there earlier. Pour a small amount of water on your palms just enough to wet them. Wash their feet with Myrrh and water as was done for you. Take the Master to his or her seat and, in a whisper, tell them to sit with their eyes closed until the other Masters are complete.

After all the Masters have been seated:

"You may now open your eyes." (Pause while they readjust to the light and surroundings)

"It is an honor for me to be in service to you. "

"From this point on, each time you come into this room, you will first be in service to each other by washing each other's feet, as was done for you.

The Masters are not to wash your feet, for yours have already been done.

"Also, from this point on, we will have the candles lit each time we enter this room. Who will be responsible to see that they are lit before we enter? Thank you, Master ______. Would you also please be responsible to see that they are extinguished each time we leave the room? Thank you."

When you are done with this take the bottle of Frankincense oil and place a small amount on your thumb and place it on their third eye. As you do say Bless Your Heart. Then go on with the tuning.

Tuning process

Begin passing out tuning forks to the appropriate Masters.

"I'm now giving each of you a tuning fork. Please just hold it until I've passed them all out.

"The tuning fork you hold will assist you in tuning yourself to the vibrations of the church you are. I'd like

you to strike it and place it just above your third eye. (You may need to demonstrate this.) Now open your mouth and breath in deeply . . . and then let it out. Strike the fork again and breathe in . . . and let it out. Strike the fork again and breathe in . . . and let it out. And once more, strike the fork and breathe in . . . but this time, hold your breath. and then let it out with a sigh." Collect the tuning forks and put them away. The tuning can be done with the forks or your voice. If you choose to use your voices have each master in turn sing only their note starting with **DO** and so on up the scale till you reach **DO** which is the same that you started with. Have each master hold the note until the third master from them starts their note. You should point to each as a sign to start the note.

Giving and receiving pattern

The formation is made up of six people and one person in the center who receives. The six people form two triads on either side of the Receiver. The Receiver may decide to stand, sit, or lay down during their journey. Here are the three positions of each triad:

- 1. The Focus -- the Focus people are on either side of the Receiver. It is their job to funnel energy/grace to the Receiver. This is done by moving the energy/grace through the hands in whatever way intuition leads them.
- 2. The Sender -- stands behind the Focus person on the right. Senders place their right hands on the right shoulder of the Focus person and place their left hand on a shoulder of the Grounder next to them (hands may be placed on the Grounder's hip if arms cannot stay in place or if the Sender can't reach that high). The Sender is to pull energy/grace from the heavens through their crown chakra and move those forces into the Focus person. They are also take any energy/grace that the Grounder might pass on to them and funnel that to the Focus person.

- 3. The Grounder -- stands behind the Focus person on the left. Grounders place their left hands on the left shoulder of the Focus person and place their right hands on a shoulder of the Sender next to them (hands may be placed on the Sender's hip if arms cannot stay in place or if the Grounder can't reach that high). The Grounder is to pull energy/grace up from the earth through their feet and move these forces into the Focus person or the Sender, depending on what intuition tells them. The second job of the Grounder is to take any energy or grace that has leaked over from the other triad on the other side of the Receiver, and also move that energy or grace back to the Focus person or Sender, depending on what intuition tells them.
- 4. The Servant -- is to watch for the safety and needs of the Receiver. No one may touch the Receiver except the Servant. Sometimes the Servant may place a chair behind the Receiver if it looks like the Receiver can't stay standing. Or the Servant may simply guide the Receiver into a chair if it looks like the Receiver is going to lose the use of their legs.

This process is to continue until the Receiver has finished their journey or until the Servant calls the Receiver back. If the Focus person feels that there is no more energy or grace passing through, that person can simply let their arms rest to the side. The Servant has the option of moving the triads away until the Receiver is done with their journey.

Grounder Sender
O O

O O

Focus Receiver Focus
O O

Sender Grounder

"Now I'd like you to set your chairs to the side, but leave your towels where they are on the floor.

"It is now time to show you what the giving and receiving pattern looks like and what you can expect. Before we begin, let me remind you that each of you gave your word to return from wherever you go when I call you."

"One at a time, each of you will take your place in the center for receiving. Master _____, will you please go to the center to demonstrate? Explain how it works briefly as you place each master to form the pattern. Then say the master receiving needs to be open to what ever comes just let it in.

If the Master who is demonstrating is obviously ready to receive, don't stop it; let it happen. Let the demonstration become the real thing. If not have the masters reset their chairs and sit down.

<u>It is up to you to run this process with safety</u>. It is **not** your job to run energy during this. You are the stabilizing force. It is up to you to hold the energy and <u>stay alert</u>.

There should be no talking during this process. You may feel the need to share some words like "Open your heart" or "Just let go", but that's all.

Let the Master in the center get what they are to receive. There is a point when you will see that their DNA is turned on. Once this happens, just let them come back in their own time. They have been in union with God and will need some time to land. Give it to them.

After they are back, have them reset their chairs and get ready for the next Master to go.

Do not try to force this process. Let it happen.

"Whenever another of you is ready to go, just raise your hand. Please don't try to be polite about this. When you feel called, just go."

After the first two or three have gone, take a break. You may have to do so before then because of the divine energy that has been with all of you. You all may need to leave and get grounded before someone else goes. It is fine if you have to do this each time. Remember, it doesn't have to look like it did for you or the other Masters when you were at your gathering.

When you excuse the Masters for a break, remind them to keep their conversation essential (or to be in silence) and to take care of their buddy.

After each has gone and received the night is over send every one to bed. If you have run out of time on Saturday with the processes taking longer you can start on Sunday.

Sunday Closing of weekend

. Sunday

Before 9:00 AM

Servant's Grounding

Before every one comes take some quiet time for your self. You have taken these seven to a new place in their lives. You have come from Master to servant and back again. Look what you have created with these seven people in just a few days. See the greatness you are and the gift you have given. You can never believe again you don't make a difference or who you are doesn't matter. You are now truly a Master.

If you want you may give them a gift to take home with them. Don't spend a lot of money because it isn't about that. You may want to give them each the stone of the church they belong to. **Not a have to.**

When you're ready to begin, invite the Masters to breakfast.

9:00 AM Breakfast

Eight Masters eat breakfast together

Join in with them today and have them share with them what happened for you at your gathering.

Don't make yours sound greater then the one they just had.

10:00 AM Masters' Gathering

<u>Set up</u>: This can be done anywhere. Have seven chairs set up for the Masters to sit on.

Eight Masters Share what happened for them.

Ask each one to share a little about their experience these two days. What they see as there next step on the path they have chosen. Give each the time they need to share and don't rush them. If they start to acknowledge each other tell them there will be time for that later; just speak of themselves for now.

Blessing of food and water

This is the time for you to teach the masters to do the water to wine blessing. You will need two 8oz bottles of water for each master. Make sure the water is room temperature because cold masks the taste. The blessing is for food also. Information is on CD (Water to Wine)

Blessing: As a child of God, I bless this food/water that, it may nourish my soul and enrich my body. And it is so.

Story of youth seeking to be a master

It is important that the new masters that have gathered hear this story. The point of this story is they can from this gathering run to other things in order to find their own mastery. They can spend time to learn the truth about themselves but everything they need to know is they are Masters and there is no place really left to go. It is time they started to make a difference in the world out of the Master they are.

There was a young boy that wanted to be a Master. He lived in a small town but just knew in his heart that there was more to his life. He knew that he was put on this earth to make a difference. True he was loved by his mother and father and had friends but he felt there was some thing missing. One day he came up with an idea. If he could learn to be a Master he could do some thing important with his life. That very same day he left his town and went in search of a master that he could learn to be a master from. As he traveled down the road the days turned to weeks and the weeks turned into months. Finally he came upon a group of people on the side of the road. There must have been over two hundred people sitting around some one teaching. He asked some one close to the road who was that teaching out in the field. He was told it was Master Jones a very kind and loving person that is filled with inner knowing and wisdom. The boy was very excited because he knew this Master could tell him the secret to being a master him self. The Master looked up and saw the boy standing there that he hadn't seen before. The Master called the boy to come up and talk with him. The young boy went up to the master and was asked what he was wanting. The boy told the Master that he to wanted to be a Master. The only thing that he needed was the true secret that would make him a master. The old Master told the boy to come back at 9 o-clock in the morning and he would be told the secret. The time came and the young boy was standing in front of the old Master. So you want to know the secret of being a master? The young boy said he did. With this the old Master leaned forward and whispered in the boys ear. The boy grinned from ear to ear

because now he knew the secret.

The boy returned to his small town and things at first seemed different but as time went on he fell back into the way things had always been. He didn't really think he was making a difference out of who he was. Soon he got to thinking maybe there was some thing wrong with him. Or better yet maybe the old Master really wasn't that big of enough Master to really know the secret. Time went by and the young boy was off again down the road to find a bigger Master that really knew the secret. On his journey he passed Master Jones sitting in the field teaching more people than he had when the boy first met him. He waved to the old Master as he passed thinking to him self that he wished the old master really would have known. It was about two weeks that he came upon what looked like a small town. When he asked what town it was he was told it wasn't a town at all. It was the place that Master Bob lived and all the people were here to learn from him. The boy's heart jumped for joy. He knew fore sure this had to be a big enough Master to really know the secret. He asked some one if he would take him to see Master Bob. The man took the boy right over to the Master. Yes. How may I help you Master Bob asked? The boy told master Bob the same thing he told Master Jones about wanting to be a great master. Master Bob said he would be happy to tell him the secret but wanted to know if he ever asked anyone else the secret. The boy told him he had asked Master Jones but he wasn't a very big Master so he didn't know that much. Oh I see said master Bob. Turning to one of the people that worked in the house. Master Bob asked do we have anything for this boy to do? We are in need of a stable boy. Yes the young boy said I could do that. Very well said Master Bob. You are going to have to clean the stables and then I will tell you what you want to know. There is just one thing the young boy said. How long do I have to clean the stables for? Ten years was what the Master told him. Ok said the young boy but after that you will tell me? Yes, said

master Bob.

The ten years drug by slowly, day after day and month by month and year by year. At the end of the tenth year of cleaning the stables the young man went to see the Master again. Master Bob was happy to see how he had grown over the years and asked him what he wanted. The young man told the Master that he was here to learn the secret. I will tell you if you come back at 9 o-clock in the morning. The young man was back in the morning on time. He went up to the master to learn the secret. Master Bob leaned over and whispered in the young mans ear. The young man was up-set as the Master could see. He asked the young man what had happened. I would have thought you would have been happy to hear the secret and not be up-set. The young man told the Master that was the same thing that Master Jones told him ten years ago. Master Bob looked at the young man and said. Now do vou believe?

The point here is simple. You can hear the secret and do some thing to make a difference in the world. But no matter where you get the secret, you are a child of God. You are made in Gods own image and likeness and you are perfect, whole and complete just the way you are. You can choose to go from here and make that difference or you can doubt that you learned anything or anything happened for you, Remember there are plenty of Masters out there that will let you clean their stables so you can earn what was created by you and the other Masters this week end. It is up to you.

11:30 AM Break (about 15 minutes)

After break have everyone get with their buddy if you set them up with buddies or just with another Master if you didn't. This is the time to acknowledge each other for the gift they are.

Sav this to them

You will each have a time to talk and a time to listen. The Master talking will place their right hand over the

heart and look in to the eyes of the Master listening. You will tell the master that is listening, "The gifts you are for me are" and then say what is true for you about them. The Master listening will only listen with out speaking and take in the words they hear. The master listening will only say " thank you I know" when the Master that is talking is finished speaking. I will give you 3 minutes for this but you may stop when you are done. If every one is done before the time is up we will go to the next Master and repeat the process till every one is done. Any questions before we start? OK start.

This should take about 30 minutes to complete. When you are done with this it is time to set them up for their own gatherings. Ask them if they have any questions about what it will take to do this. You may want to share what it was like for you. Then you will say to them this.

I know you have been through a lot this weekend and you are only beginning to see the true gifts you are. I see you as your gifts and your greatness. You are all perfect whole and complete to me. I love and honor all of you. You will not be the same after you return home. You will see this your self. Now some of you my chose to live in your traps while others will live in the gifts you are. This is what you need to know. If you chose to do nothing with what you were given and you never gather your seven. I love and honor you just the same. I am here for you, I care for you and I love you. I am on your side. Bless Your Heart.

Now is the time for me to give you each my blessing.

I have shown you how to do this if you have any questions ask me. I will tell you again. Tell them what you are going to do and that they will be able to do this to once they have gathered their seven but not until.

Noon THE BLESSING

This is how I do the blessing. Below it is information about the way Joanne does it.

Sitting in a chair and get centered. Take three deep breaths in through my crown chakra or the top of the head bring grace energy and place it on the heart. When this is done the Masters come one at a **time and kneel.** This is the way I learned doing it but if someone is really uncomfortable with kneeling they can sit in a chair in front of me.

I have each of the masters give me something that is of important to them, as a sign of a connection between them and myself. (I always give it back.) It is more symbolic than anything else.

I place my left hand behind their head at the base of their skull. I place my right thumb on their third eye with my fingers on the top of the head. I then tell them to relax and let the blessing in. I have the grace being held on my heart ready to be released. This is done by what I call a trigger mechanism. When I want to release the blessing grace I say. Behold. Taste the sweetness of Gods love. Pray pooh Shanti OM. Then I push the grace off my heart and just let it flow. I hold their head allowing the grace to flow down my arm out my thumb until I feel them let go of some thing in side them. To me it feels like they melt. When I feel this I stop passing the blessing. I know I am done. Then some times I say some thing to them. I place my hand on their heart and say what ever comes. I have no idea of what I say to them. When I finish speaking I Look them in their eyes and tell them they are a child of God made in Gods own image and likeness and they are perfect, whole and complete and bless your heart. Then the next master comes up for the blessings.

Here is how what I say works to start the blessing flowing. The word Pray pooh means Master. The word Shanti means peace and Om is the sound of God. These three words are what I use as trigger. It is like saying Ready Set, Go, or Ready, Aim, Fire. On fire the trigger is pulled and out it goes. Whatever three words you use are fine. For that matter two words are ok to. It is up to you how you pick your words.

Joanne and Gary's contribution on the blessing.

After the last Michael Visit to Joe where he states that the masters are to do

the Blessing at the Gatherings, I've decided to post this procedure so that there won't be any confusion as to how to do the Blessing.

The Blessing was first given to Joe Crane by his teacher and mentor of 15 years, Alexander Everett. For anyone of you who have ever attended one of Alexander's Love, Life and Light Seminars, this is a procedure he does to all those who attend on the last day when all the energy has built up from his week-long retreat. It's also referred to as passing the Shakti (or energy). I understand some of your confusion (after the many calls/emails I received) as to why this procedure is now deemed important after all these years when it has yet to be stated as a "must do" now by Michael.

After all, it's never been published in any book or put on CD like the Baptism. Suffice it to say that Michael obviously feels it is important or he wouldn't have brought it up to Joe at his last visit. And now, more than ever, if we are to be ONE with another, this connects us very spiritually to one another as it is one of the highest gifts we can give to one another! Perhaps this is a cue for Joe and Robbie to put together another CD on how to do a Gathering so that we have guidelines for those who are in doubt as to how to do one.

Gary Hardin conferred with Joe recently and typed this procedure out and asked if I would post it for all the masters.

I've given this Blessing to all the 21 I've gathered in the Chicago area. Some feel uncomfortable doing this, probably because another master is kneeling at your feet.

I understand your feelings and if you truly feel uncomfortable with that, you can simply have the master receiving the Blessing sit opposite you or you can both stand. The one thing Michael always taught Joe is that there is no right or wrong. Everyone reacts differently to this Blessing. I've talked to some that felt nothing. I've witnessed some that I've blessed that you'd swear were stuck into a light socket and shook uncontrollably. I've had many that just broke down and sobbed, so bottom line, anything can happen:) I've also had masters tell me that I morph during this procedure. Remember, if we all vibrate at different levels, then many will react differently.

Traditionally, it's the last thing you do at a Gathering and is a very sacred moment between you as the servant and the master you have gathered. Usually when I'm in that special state, I channel something to the master and then I completely forget what it was I told them afterwards. So, don't get hung up on if you're doing this right or wrong, just let the energy flow. Remember Intent!

Bless Your Hearts for being the Incredible Lights that you are! Love.

Joanne

With that all said, here is the Blessing as Gary typed it after he conferred with Joe:

GARY:

"What follows is a guideline for the Servant's Blessing, with options I have thrown in after coming to agreement with Joe, who will also provide such options."

- 1. The Servant's Blessing is to be given only to those who have been gathered. It is not to given otherwise. The best time for bestowing this Blessing is at the end of a gathering you have conducted.
- 2. Originally, the blessing began by having a seven present a symbolic gift to the servant. The seven would approach the servant who was sitting, hand

the servant the gift (like a ring or favorite stone or favorite sacred object) and then kneel before the servant. The servant would accept the gift, acknowledging and thanking the recipient, returning the gift back to the recipient, telling them to keep it in remembrance of the time we have all spent together. Personally, I do not endorse this, and offer an option. Instead of kneeling, the recipient can sit or stand, as can the servant. Instead of presenting a physical object, I would prefer that the recipient offer the servant a gift from the heart. This is in the form of a whispered verbal blessing and acknowledgment for who the servant is as a person. The servant, in turn, leans forward and whispers a gift from the heart back to the recipient. Placing one's hand on the heart of the person while presenting this gift of the heart is also an option.

- 3. The servant then begins to gather grace into their body by focusing on the love that God is, and by using the three breaths, which should have been taught at the gathering. Once there is a saturation of grace within the heart of the servant, the servant leans forward and whispers into the ear of the recipient, "As a servant of God, I will bless you with the love and the light you are." The servant then places the left hand on the back of the recipient's neck. This is to act as a reflector or placeholder of the grace. It also acts as a polarity path for the grace to flow into the body.
- 4. The servant then places their right thumb on the third eye of the recipient and shoots the whole force of the grace into the third eye after saying, "Behold! Taste the sweetness of God's love." The grace is released. Let your body reflect this release in whatever manner seems natural to you: a sigh, a breath, a tone, an 'Om,' whatever. You may choose another phrase of blessing other than what I have provided: "Behold the Light, for you are Light," or "From my heart to yours, receive God's love."
- 5. Once the grace has passed, close the blessing with an embrace or kiss or whatever seems appropriate to you, saying, "Teach only love."

 None of this is meant to be taken as law. Trust your own intuition, but at least close your gatherings with the Servant's Blessing.

One at a time, have them come up to receive the blessing.

APOLOGY and the CLOSING

After reading the apology, stand and face the seven Masters and look into each of their eyes one at a time. Then say to them all.

I love each of you and honor you in the highest way. You will do great things with your gifts. You are perfect, whole and complete just the way you are. Go forth and teach only love. From my heart to yours. It is done.

TIME TO GO OUT INTO THE WORLD

One last meal together a late lunch by now. Most people will need to leave

and head back home. Some may need to go to the airport so give them time to get there. After everyone has left take sometime for yourself and look at what you have done. <u>YOU</u> have sent seven Masters out into the world to do Gods work. How powerful is that?

Now from me to the **Servant** You have come a long way to have done this. Do you know what a gift you are? Do you know how many people couldn't have done what you just did or would have taken it on to begin with? Look at the greatness you are. Look at the wonders you have performed and the seven lives only you could have touched and did. I am so proud of you for whom you have become and become a part of. You've done good kid. Bless Your Heart.

Centering Process

So tell yourself, I now prepare to center myself. I close my eyes for peace and quiet. I straighten my spine to stimulate energy. I open my hands to receive and I just let go and relax, relax.

I visualize a color and I let go more of my outer physical body, my emotions and my mind so I may be more aware of my inner beingness. I just let go and relax, relax.

I first visualize the color red and I relax my body from head to foot. I relax and let go of my body. Relax.

I visualize the next color orange. I release and let go of my emotions. I desire only that which is good for others. I just let go and relax.

I now move down the rainbow to yellow and I quiet my mind; I calm and still my mind. I bring my mind to rest.

The next color I visualize is green. I allow peace to come into my life. I sense a state of peacefulness within.

I now move down the rainbow to blue. I let love permeate my entire being. I feel myself, full of love.

Next I bring into focus the color purple. I seek out the depths within. I aspire to and reach that inner secret place at the center of my being.

Lastly I visualize the color violet, I enter the innermost part of my being. I am now there -- I am centered -- I am at peace, peace.

To help me remain at peace I will go to my scene in nature where I am safe and at peace. I know that all I need will be shown to me here. I will be open to do what the spirit leads me to do. I am aware to all that is and I am at oneness. In my peaceful state I begin to receive and I just let it in.

At this point you may want to just let them sit in silence for 7 minutes or play some music for that time. If you play music start it off at a low volume and increase it if you need to. Music works best if it is faded in at the start and out when the meditation ends.

Now tell yourself, I prepare to return to the everyday world. I come back from the center of my being; from the inner to the outer and I remember that after centering my self:

Spiritually I will be more enlightened; my inner light will shine more brightly;

Mentally I will be more enriched; my thoughts will be pure and more creative;

Emotionally I will be more enthused, my feelings will be more loving and kind;

Physically I will be more energized; my whole body will be full of life and vitality; and I know whatever the spirit within leads me to do, I'll do better than ever before, for after centering myself I will find that I have a greater awareness of who I am.

I will function with more harmony in day-to-day living; in fact a sense of peace will permeate my entire being. My mind will be calm and still; my emotions will be under control and my physical body will demonstrate perfect health.

So now tell yourself in a few moments I will be returning to the everyday world and opening my eyes. I now prepare to visualize the colors of the rainbow in reverse order. Starting with the innermost color violet, moving up and out to purple, then further up to blue, then to green next yellow, orange, red... I open my eyes. I am wide-awake and in perfect health. I am enlightened, I am enriched, I am enthused and energized; I just am.

The Apology For You

I want to tell you I am sorry. Not because I did something to you, or I am trying to get off the hook for something. I am sorry that as a child your innocence was used against you. I am sorry for all the times you wanted to share your words of wisdom and you were told to shut up. I am sorry for the genius you possessed in the ideas you gave, and you were told that you were stupid. I am sorry for the times you did your very best and were told it wasn't good enough. I am sorry for the times you were made fun of because you were different in some way. I am also sorry that your feelings were hurt and no one was there to comfort you. I am sorry for the tears you cried with pain and no one was there to wipe them. I am sorry that you gave your heart like a precious present, and it was refused. I am sorry for the times you were laid a hand to whether justly or unjustly, and for the times you were alone and afraid with no one there for you. I am sorry for all promises made to you that were broken. I am sorry for the wishes you made that were not fulfilled and your dreams that were shattered. I am sorry for the times you were helpless and at the mercy of others, finding there was none. I am sorry for the times in your life that you felt like you didn't matter. I am truly sorry for the times you felt that even God found you unworthy of love. Someone owes you an apology just for who you are.... I am so, so sorry.

You are a child of God that is perfect, whole and complete. You are a magnificent human being and deserving of love and happiness. Your happiness is not mine to give, if it were I would give it. Love for you on the other hand is easy. I love you just the way you are, and I really don't want anything from you. Bless your heart and teach only love.